

AIRLIFTER

SOONER

July 2010



Photo by Senior Airman Caroline Hayworth

Honor flight celebrates World War II heroes

Oklahoma's first honor flight takes off from the Will Rogers Air National Guard base flight line May 17. Nationwide honor flights recognize veterans of World War II and take them to Washington D.C. to see the war memorials. See photo story pg. 4-5.

UCI preparations payoff: now it's time to shine

By Maj. LeeAnn Tumbelson
137 ARW Chief of Staff

Approximately 50 Air Mobility Command inspectors will be on base July 23-28 to conduct a unit compliance inspection on the 137th Air Refueling Wing.

Up to this point, units across the base have been scouring checklists, conducting staff assistance visits and fine-tuning their processes to ensure they are ready. The road to success was paved months ago, now it's time to shine.

As you prepare for this upcoming drill, consider the following to help your section do its very best:

1. Make a good first impression: Show pride in your organization with a clean, pressed uniform, freshly-cut hair and neat appearance.
2. Have the right attitude: Demonstrate proper customs and courtesies, respond to inspectors with a sense of urgency and be polite.
3. Highlight your successes: Be prepared to give examples of what the unit does exceptionally well. Present

a paper copy of outstanding processes or initiatives to inspectors.

4. Use the checklists: Don't "shoot from the hip." Instead, use those checklists and background material that Airmen have worked on perfecting for months.

5. Answer what you know; research the rest: you can say, "I don't know," but follow up with, "I can get you the answer." Never leave a question unanswered. If the inspector moves on before you get the answer, once you have the answer, channel it up through your chain of command.

Everyone has a role to play: Even if you don't own a major-inspectable process, you will play a role in the wing's success! An inspector can ask anyone anything, so if you don't know the answer, use your resources (continuity books, bulletin boards, supervisors) to find out.

Working together, this wing can accomplish anything. This drill, let's work toward an "Outstanding" grade on the UCI! Good luck.

WRANGB unit compliance inspection... it's showtime



By Col. Greg Ferguson,
137 ARW Commander

A unit compliance inspection is one of the single most significant inspections a base can receive. According to Air Mobility Command Instruction 90-201, The Inspection System, UCIs are conducted to assess areas mandated by law as well as mission areas identified by senior Air Force and major command leaders as critical or important to the health and performance of organizations.

The 137 ARW will receive its UCI on July 23, where over six days, 55 AMC inspectors from Scott AFB, IL, will evaluate and inspect all groups and units on their day-to-day compliance with executive orders, Department of Defense directives, Air Force and major command instructions.

We have clearly defined requirements through regulations and have asked, "Does it comply?" Our self-inspections and UCI checklists have been analyzed, scrubbed, tweaked and re-analyzed. Your procedures and processes, staff assistance visits and senior enlisted leaders look program have made us stronger and more prepared to execute our missions.

Finally, you have assimilated all of this preparation and made your programs and processes mistake-proof, consistent and reliable. Airmen have learned from previous UCI write-ups, SAV write-ups and exercise feedback and then began the process again by returning to the original question: Does it comply?

Bottom line: **Attitude is everything!** Each of us are already "can do" people. We overcome adversity every day and succeed where others would easily fail. So what can **YOU** do right now?

Be ready to shine! Share your hard work with enthusiasm. Exercise customs and courtesies and look sharp. We know that we are a world-class organization; it's now time to put that reputation on display for our inspectors to see.

Thanks for all of the hard work and preparation and above all else, GOOD LUCK!

Fitness program changes; must pass each category

Changes are coming to the Air Force Fitness Program beginning July 1. These changes include:

1. Revised component weighting & scoring.

- Increase in Aerobic component from 50 to 60 points
- Decrease in abdominal circumference from 30 to 20 points

- Push-ups and Sit-ups remain at 10 points each
- 2. Must have a composite score of 75 points and meet minimum requirements for EACH component to pass.
- 3. 1- mile walk test will be used as the alternate aerobic test for those on "no running" profile.
- Bike, step test, and three mile walk

are eliminated

4. Incentive patches for the PT uniform will be awarded for one-time and sustained performance.

To see fitness chart and information on the new PT standards visit <http://www.afpc.randolph.af.mil/af-fitnessprogram/index.asp>.

137th Air Refueling Wing Public Affairs Staff

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For consideration, all submissions must be provided to the PA Office, at 137ARW.PA@ang.af.mil or in Bldg. 1046, 686-5227, no later than 10 a.m. Saturday of drill weekend. The PA Office distributes the Airlifter monthly except for February and August.

PA Officers: 1st Lt. Cody Hawkins, 1st Lt. Jessica Chapa and 2nd Lt. Paul Blankenship; NCOIC: Senior Master Sgt. Kevin Tucker; public affairs specialists: Staff Sgt. Lindsay Roe and Airman 1st Class Patricia Baker; information manager: Airman 1st Class Kaleena Higa; photographers: Master Sgt. Roberta Thompson and Senior Airman Caroline Hayworth; videographers: Master Sgt. Jun Kim and Staff Sgt. Ben Flint.

Personnel Updates

Newcomers:

Airman Mary Kluth
 Airman 1st Class Kenneth Anderson
 Airman 1st Class Nicole Buckner
 Airman 1st Class Robert Ingersoll
 Airman 1st Class Jessica Rosser
 Airman 1st Class Derrick Rudkins
 Staff Sgt. Justin Anderson
 Staff Sgt. Matthew Flores
 Staff Sgt. Matthew Gilmore

Promotions:

Senior Airman Nathan Kliewer
 Senior Airman Bryan Sanders
 Tech. Sgt. Matthew Burnett
 Tech. Sgt. Kimberley Lingle
 Master Sgt. Vanessa Davis
 1st Lt. Patrick Cooper
 Maj. David McCormack
 Lt. Col. Aaron Wardlaw
 Master Sgt. Stephanie Schroeder
 Master Sgt. Matthew Vann

Retirements:

Staff Sgt. John Jenkins
 Master Sgt. Mark Benner
 Master Sgt. Vernia Frazier
 Master Sgt. Paul Maston
 Senior Master Sgt. Thomas Gore
 Senior Master Sgt. Dennis Littlejohn
 Senior Master Sgt. William McCaine
 Maj. Ford Blunt
 Col. Dann Pettit

2010 Drill Dates

July (UCI 23-28)	24-25
August	14-15
September	11-12
October	2-3
November	6-7
December	11-12

Menu

Saturday (Lunch)

Swiss steak with tomato sauce
 Baked chicken, Rice, Veggies

Sunday (Lunch)

Chicken Fajitas, Mexican Corn
 Roast Loin of Pork, Rice, Ranch Beans

Pilot Board scheduled for September

The 185th Air Refueling Squadron will conduct interviews for Pilot Candidate during September UTA.

Point of contact is Maj. Justin Walker, 185ARS Aircrew Training, at Justin.Walker@ang.af.mil or (405) 686-5562.

Job Announcements:

First Sergeants: There are several opportunities available for NCOs interested in becoming first shirts. (Reference AFI 36-2113) Interested members should submit a resume, RIP and current FIT test to Chief Master Sgt. Geberth. Packets are due by COB of September UTA. For more information, contact Chief Geberth at Pamela.Geberth@ang.af.mil or 686-5777.

Military Equal Opportunity Officer: The position performs, supervises, and manages MEO and Human Relations Education (HRE) programs, while also conducting administrative functions to support MEO programs. Applicants must possess a bachelor's degree. Interested candidates should submit packages that include a resume and Air Force Officer Qualifying Test scores to Maj. LeeAnn Tumbelson, 137th ARW Chief of Staff, by COB on Sept 12 (Sunday of Sept UTA). Interviews will be conducted during the November UTA. For more information, call 686-5039.

Summer travel

Travel is on the rise this time of year, leaving our homes vulnerable to break-in. Here are suggestions to help secure your home:

1. Leave house with a lived-in look
2. Stop deliveries of papers and mail
3. Don't indicate length of absence
4. Don't hide keys outside the house
5. Use timer to turn lights on and off
7. Hide valuables
8. Have friend check residence

Source: CJCS guide 5260

EANGUS/NGAUS

EANGUS 39th Annual Conference

August 8-11 in St. Louis, Missouri

NGAUS 132nd General Conference

August 21-23 in Austin, Texas

facebook

Find 137th Air Refueling Wing
 on Facebook!

Help after assault

If you have been sexually assaulted, you have a choice in reporting the offense. Whether it's a restricted or unrestricted report, contact your SARC, Maj. Liz Kettler: 686-5564 or 517-9400 or the 24-hour hotline at 686-5561.

You have a choice and can get the help you need.



Members of the 137th Air Refueling Wing here, stand on the base flight line ready to help Oklahoma's World War II veterans board their flight to Washington D.C. May 17. Guardsmen who volunteered for this special duty not only escorted veterans onto the plane, but also carried others who were unable to walk.



Senior Master Sgt. Stephen Rosebrook and Chief Master Sgt. Steven Keene, both assigned to the Logistics Readiness Squadron here, help a veteran onto the plane at the base flight line. Veterans who were wheelchair bound were given royal treatment as they were lifted off the bus and carried onto the chartered flight.



Airman 1st Class Jay Vinnedge, an aeromedical evacuator with the 137th Aeromedical Evacuation Squadron here, greets veterans that attended Oklahoma's first Honor Flight. At 6 a.m. to assist the veterans onto their Washington D.C. bus. He spent the day visiting the memorials dedicated to honor



by Senior Airman Caroline Hayworth
*tion technician for the
 ne of the 99 World War II
 Airmen arrived on base at 4
 ound flight. The veterans
 their service and sacrifice.*



*Airmen of the 137th
 Air Refueling Wing
 here, escort World
 War II veterans onto
 their Washington D.C.
 bound flight.*

Airmen help honor WWII veterans

Story by Senior Airman Caroline Hayworth 137 ARW/ Public Affairs

Members of the 137th Air Refueling Wing arrived at the base flight line May 17, to assist World War II veterans participating in Oklahoma's first Honor Flight.

Guardsmen took turns helping each veteran onto the aircraft and to their seats. Honor flights were created to take veterans to Washington D.C. to visit memorials dedicated to honor their service and sacrifice.

Oklahoma is the 31st state to raise an extension of the program.

Senior Airman Stephen Strong was the only guardsmen from the 137 ARW to accompany the veterans to Washington D.C. and back.

"Each Veteran had such an amazing story and it was such a blessing to be in their presence," Strong said. "After going on the Honor Flight with the World War II

veterans, I will never forget my first trip to Washington D.C."

State Representative Gary Banz, called the flights a race against time.

"Some of these men have never been to see the memorials," said Banz. "We want to make sure we honor them for their service while we have the chance."

Just days after the return of the flight one of the veterans passed away, reminding everyone involved how precious time really is.

If you would like to participate as a guardian for one of the veterans, or know of a veteran who would like to be a part of the next flight go to the following email, www.oklahomahonorflights.org.

Donations are also appreciated as the organization is completely privately funded.

101 critical days of summer - alcohol incident prevention

By Regina Coffey

Air Force Flight Test Center, Ground Safety

The Air Force has adopted a No-Safe-Limit philosophy when it comes to alcohol consumption.

"Most people do not make the decision to drink and drive until they start drinking," said Jon S. Fishman, California Certified Prevention Specialist. "Binge drinking has become a serious problem."

Binge drinking means drinking four to five or more alcoholic beverages on the same occasion. Each summer a significant number of alcohol-related injuries are treated in emergency rooms. Among people 44 years old and under, alcohol-related injuries are the second-leading cause of death.

"Military personnel, between the ages of 21 through

25, consume more alcohol than any other age group.

This behavior is often due to having recently become of legal age, a lack of understanding the consequences, being away from home, a lack of effort to engage in alternative activities and the need for immediate gratification," Mr. Fishman said.

Alcohol abuse prevention is not just information dissemination. It is also the proactive two-way communication that can result in actions that reduce the abuse of alcohol and in turn, alcohol-related incidents. It is not only up to individuals but also their wingmen to ensure everyone is acting in a responsible manner. This means that if one chooses to drink, do so legally and responsibly.

OPSEC - Protecting your identity from theft

By Lt. Col. Tracey Hale

137 ARW/ OGI Chief of Intelligence

Now that vacation time is here, remember that many companies collect personal information from their customers, including names, addresses, phone numbers, bank and credit card account numbers, income and cash histories, and even Social Security Numbers.

As a result of the breadth of information available from so many sources, stories regarding telephone

and Internet scams and fraud are becoming more prevalent every year.

In a mere matter of days, an identity thief can ruin what has taken individuals years to build up. SO, please do your best this summer to protect your information. Shred documents instead of just throwing them away, protect your personal computer networks, randomize your passwords and change them often, don't give your Social Security number to anyone unless you're assured

of how it will be used, stored, and protected and don't use Web commerce without assurance that the site is secure.



Sex trafficking: don't think it doesn't happen here

Compiled by Lt. Col. Tracey Hale

137 ARW/ OGI Chief of Intelligence

We know that sex trafficking happens in other parts of the world, yet we do not think it is happening in our backyard.

We promise the 'American Dream,' but we also hold the title of the second highest destination in the world for trafficked women and children. Their lives are sold for \$2,000 (at most) to the predators who buy them.

The average age of a sex slave is 11-years-old.

After two years of preparations the Hadassah House, Oklahoma's first safe house for human trafficking victims, opened in February to adult victims of sex trafficking.

It is the first stage in a multiple-housing-program plan for Oklahoma.

The program will include emergency shelters, safe houses, group homes, transitional living and re-introduction

to successful "survivor to thriver" living. This will be accomplished through safe and loving care, support, education, vocational opportunities, professional counseling and case management as well as inner healing through faith in Christ.

If you would like to find out more please visit <http://www.allthingsnew-campaign.org/home> or Oklahomans Against Trafficking Humans at <http://www.oathcoalition.org/blog/>.

What is the best thing you could ever do for God?



By Ch, Lt. Col. Timothy Fuller, 137 ARW

I want you to think about something you may never have thought about before. What is the best thing you could ever do for God? Think of the brilliant things, the beautiful things you might do for God. As you think about them, the problem may be they are either things you are not capable of doing, or they are things you might be able to do but that don't seem to be good enough.

What I say next might shock a few of you, but the best thing you can actually do, that any of us can do, is to make an offering of yourself just as you are. Just the way you are. Many would probably think this is the

worst thing we could do for God. The best thing would be to become something better than what we are, right?

Many of us, whether we want to admit it or not, feel that what is inside us is rather inferior, both by God's standards and in comparison to other people. Because of that, we present ourselves to the world, and to God, as something other than who we really are. We hide our true self behind fabricated selves, behind doctored egos, behind polite and respectable substitutes for who we really are. This kind of duality, however, will end up only depriving us of the fullness of life God longs to give us.

What God wants from us is honesty; honesty in our work, honesty in our relationships; no games, no pretenses. Honesty is the necessary first step to experiencing God's grace. It truly is, because any genuine relationship cannot exist without honesty. Those who truly love us want honesty from us. And because they love us, they accept us as we are.

When we can trust God's love enough to be honest about who we are, and who we are not, then the miracle of redeeming love can begin to work in us. The requirement is simple, childlike honesty. And this is not only good enough; it is the best thing we can ever do for God.

Worship Service...

Saturday:
Catholic Mass
Wing Conference Room, 10 a.m.

//////////////////////////////////// This month in Air National Guard History...

The Oklahoma Air National Guard originated during the pre-World War II formation of National Guard aviation units.

In July 1940 the war department allotted the 125th Observation Squadron to the Oklahoma National Guard. Organized in Tulsa, the squadron was equipped with O-38 aircraft. It was federally recognized January 31, 1941, and activated ten days later.

The 125th was assigned to the 68th Observation Squadron at Fort Sill. In March 1942 the unit was transferred to the 77th Observation Group. It operated as the 125th Observation Squadron until July 1942,

when it was again designated the 125th Observation Squadron.

During the remainder of 1942 it trained with various aircraft at Fort Sill and other installations. In April 1943 the 125th was renamed the 125th Liaison Squadron. Transferred to Texas, it joined the Second Air Force Support Command and was re-equipped with L-5 Sentinel aircraft.

In January 1944, the squadron became a part of the 76th Tactical Reconnaissance Group. For more information visit <http://digital.library.okstate.edu/encyclopedia/entries/O/OK011.html>.



Photo by Senior Airman Caroline Hayworth

U.S. Air Force Staff Sgt. Floyd Netherton, assigned to the 137th Security Forces Squadron, throws a practice grenade downrange at Will Rogers Air National Guard Base, June 5, 2010. Airmen who attended the class were taught throwing techniques from several positions.

Air Force Core Values

Integrity First
Service Before Self
Excellence In All We Do

WILL ROGERS MISSION STATEMENT

“To enhance global reach by serving our nation, state and community through the unique capabilities of the 137th Air Refueling Wing, the 205th Engineering Installation Squadron, and the 146th Air Support Operations Squadron.”

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